

# Post

FOODSERVICE



## Cinnamon GRANOLA CEREAL



Good Ingredients  
Whole Grain  
Rich

### Cinnamon Granola Bulk Pack

- Rich granola flavor with a touch of honey
- A good part of a nutritious breakfast
- Contains 14g whole grain per 1 oz eq grain
- Contains 6g Total Sugars per 1 oz eq grain
- Made with whole grain oats
- No artificial colors or flavors

Case Code	07485
Case Pack & Size	4/50 oz
Case GTIN	1 00 42400 07485 1
Case Shipping Weight	13.67 lbs
Case Dimensions (in)	15.94 x 11.94 x 7.44
Case Cube	0.82 cu ft
Pallett Pattern	60 cases, 6 high, 10 tier



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### Nutrition Facts

About X servings per Container  
Serving size 3/4 cup (60g)

Amount per serving  
**Calories 260**

	% Daily Value*
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 1g	4%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 4g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 120mg	<b>5%</b>
<b>Total Carbohydrate</b> 45g	<b>16%</b>
Dietary Fiber 4g	13%
Total Sugars 13g	
Incl. 12g Added Sugars	24%
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.8mg	10%
Potassium 150mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Whole Grain Rolled Oats, Rice, Sugar, Whole Grain Wheat, Canola Oil, Rice Syrup, Molasses, Honey, Cinnamon, Salt, BHT added to preserve freshness.

**Minerals:** Reduced Iron.

**CONTAINS WHEAT.**

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## Fruit Crisp

### Ingredients

- 2-#10 cans commodity fruit
- 1-50 oz bag **Malt-O-Meal® Cinnamon Granola**

### Directions

1. Drain fruit and place in a 12" x 20" x 2½" restaurant pan.
2. Top fruit with **Malt-O-Meal® Cinnamon Granola**
3. Bake at 325° for 25 minutes or until fruit is warm.



## Orangecicle Parfait

### Description

- Vanilla Light Yogurt
- Orange Juice Concentrate, thawed
- Mandarin Oranges, canned, drained
- Malt-O-Meal® Cinnamon Granola**

### Weight

2 lb

3 oz

### Measure

1 qt

¼ cup

1 cup

1 cup

### Directions

1. In a bowl, combine yogurt with orange juice concentrate.
2. Place eight 6 oz parfait glasses on a clean work surface.
3. Into each parfait glass layer the following:
  - ¼ cup orange-yogurt mixture
  - 1 Tbsp mandarin oranges
  - 1 Tbsp cinnamon granola

Repeat layers and serve.



## Strawberry Shortcake Parfait

### Description

- Vanilla Light Yogurt
- Strawberries, hulled, diced
- Malt-O-Meal® Cinnamon Granola**

### Weight

2 lb

4½ oz

3 oz

### Measure

1 qt

1 cup

1 cup

### Directions

1. Place eight 6 oz parfait glasses on a clean work surface.
2. Into each parfait glass layer the following:
  - ¼ cup yogurt
  - 1 Tbsp diced strawberries
  - 1 Tbsp cinnamon granola

Repeat layers and serve.



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