



FOODSERVICE

Instant Regular Oatmeal 200/1 oz Packets #19506

Nutrition Facts	Amount/Serving	%DV	Amount/Serving	%DV
	Total Fat 2g	2%	Total Carbohydrate 19g	7%
	Saturated Fat 0g	0%	Dietary Fiber 3g	10%
	Trans Fat 0g		Soluble Fiber 1g	
	Polyunsaturated Fat 0.5g		Insoluble Fiber 2g	
	Monounsaturated Fat 0.5g		Total Sugars 0g	
	Cholesterol 0mg	0%	Incl. 0g Added Sugars	0%
	Sodium 105mg	5%	Protein 4g	
Vitamin D 0% • Calcium 8% • Iron 40% • Potassium 2% • Vitamin A 25% • Thiamin 25% • Riboflavin 25% • Niacin 25% • Vitamin B6 25% • Folate 120mcg DFE (70mcg folic acid) 30% • Phosphorus 8%				

INGREDIENTS: WHOLE GRAIN ROLLED OATS, CALCIUM CARBONATE, SALT, GUAR GUM, CARAMEL COLOR.

VITAMINS AND MINERALS: REDUCED IRON, NIACINAMIDE (VITAMIN B3), VITAMIN A PALMITATE, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), RIBOFLAVIN (VITAMIN B2), THIAMIN MONONITRATE (VITAMIN B1), FOLIC ACID.



Nutritional and Program Specifications				ORE-100
Oz Eq Grain Credit	1	Smart Snacks Qualified Snack	Yes	
Whole Grain Rich	Yes	200 or less Calories	Yes	
Whole Grain 1 st Ingredient	Yes	200 mg or less Sodium	Yes	
6g Added Sugar Compliant	Yes	35% or less Calories from Fat	Yes	
Fortified	Yes	10% or less Calories from Sat Fat	Yes	
Allergens	No	0g Trans Fat	Yes	
Artificial Flavors	No	35% or less by weight from Total Sugars	Yes	
Certified Synthetic Colors	No	CACFP Qualified	Yes	
Nuts	No	Buy American Compliant	Yes	
BHT/BHA/TBHQ	No	Kosher	OU	
HFCs	No	Shelf Life	545	

Case Specifications			
Case Code	19506	Ship/Net Weight (pounds)	14.26/12.5
GTIN	000-42400-19506-1	Case Cube (cu. Ft.)	1.06
Hi/Ti	4/10	Case Dimensions L x W x H (inches)	19.5 X 9.81 X 9.56
Cases per Pallet	40	Storage	Cool / Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>



Product Formulation Statement for Documenting Grains In Child Nutrition Programs

(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

Product Name: Regular Oatmeal Packet

Product SKU: 19506

Manufacturer: Post Consumer Brands

Serving Size: 28 g / 1 oz dry

Does the product meet the whole grain rich criteria? Yes Is the product fortified? Yes

Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16 g creditable grains per oz eq; Groups H and I use the standard of 28 g creditable grains per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the product belongs: Group H - Breakfast Cereal Cooked

Product Description Per Exhibit A	Portion Size of Product as Purchased A	Weight of 1 oz. eq. as Listed in Exhibit A B	Creditable Amount A ÷ B
Breakfast Cereal (Cooked)	28 g dry	28 g	1
Total Creditable Amount			1

Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased: 28 g dry

Total contribution of product (per portion) oz eq: 1 oz eq

I certify that the above information is true and correct and that a 28 g portion of this product (ready for serving) provides 1 oz eq grains. I further certify that non-creditable grains are not above 0.24 oz eq per portion. Products in Group I with more than 0.24 oz eq or 6.99 g of non-creditable grains do not credit towards the grains requirement for school meals.

Victoria Schlecht

Sr. Regulatory Scientist
Post Consumer Brands

Signed: February 19, 2025

For more information on our K12 cereals

Contact Sheri Petrich, SNS, K12 Specialist: 724-971-0010 | slpetrich@postholdings.com or
Go to: <https://www.postconsumerbrands.com/food-service/>

ORE 100