



FOODSERVICE

Quick Hot Wheat 12/28 oz Boxes #00115

Nutrition Facts	
About X servings per container	
Serving size 3 Tbsp dry (35g)	
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 27g	10%
Dietary Fiber <1g	3%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 10.8mg	60%
Potassium 30mg	0%
Thiamin	30%
Riboflavin	20%
Niacin	30%
Vitamin B6	20%
Folate 200mcg DFE (120mcg folic acid)	50%
Phosphorus	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Wheat Farina, Malted Barley.

Vitamins and Minerals: Calcium Carbonate, Ferric Orthophosphate (source of iron), Niacinamide (Vitamin B3), Folic Acid, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Thiamin Mononitrate (Vitamin B1).

CONTAINS WHEAT.



Nutritional and Program Specifications			HWO-100
Oz Eq Grain Credit	1.25 oz eq Grain	Smart Snacks Qualified Snack	No
Whole Grain Rich	No	200 or less Calories	Yes
Whole Grain 1 st Ingredient	No	200 mg or less Sodium	Yes
6 g or less Sugar per oz	Yes	35% or less Calories from Fat	Yes
Fortified	Yes	10% or less Calories from Sat Fat	Yes
Allergens	Wheat	0g Trans Fat	Yes
Artificial Flavors	No	35% or less by weight from Total Sugars	Yes
Certified Synthetic Colors	No	CACFP Qualified	No
Nuts	No	Buy American Compliant	Yes – Made in USA
BHT/BHA/TBHQ	No	Kosher	OU
HFCs	No	Shelf Life	730 Days

Case Specifications			
Case Code	00115	Ship/Net Weight (pounds)	22.99 / 21
GTIN	000-42400-00115-7	Case Cube (cu. Ft.)	0.59
Hi/Ti	4/12	Case Dimensions L x W x H (inches)	11.13 x 11 x 8.31
Cases per Pallet	48	Storage	Cool / Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>



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Product Formulation Statement for Documenting Grains In Child Nutrition Programs

(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

Product Name: Quick Hot Wheat

Product SKU: 00115

Manufacturer: Post Consumer Brands

Serving Size: 35 g dry

Does the product meet the whole grain rich criteria? No Is the product fortified? Yes

Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16 g creditable grains per oz eq; Groups H and I use the standard of 28 g creditable grains per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the product belongs: Group H - Breakfast Cereal Cooked

Product Description Per Exhibit A	Portion Size of Product as Purchased A	Weight of 1 oz. eq. as Listed in Exhibit A B	Creditable Amount A ÷ B
Breakfast Cereal (Cooked)	35 g dry	28 g	1.25
Total Creditable Amount			1.25

Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased: 35 g dry

Total contribution of product (per portion) oz eq: 1.25 oz eq

I certify that the above information is true and correct and that a 35 g portion of this product (ready for serving) provides 1.25 oz eq grains. I further certify that non-creditable grains are not above 0.24 oz eq per portion. Products in Group I with more than 0.24 oz eq or 6.99 g of non-creditable grains do not credit towards the grains requirement for school meals.

Victoria Schlecht
Sr. Regulatory Scientist
Post Consumer Brands

Signed: February 19, 2024

For more information on our K12 cereals

Contact Sheri Petrich, SNS, K12 Specialist: 724-971-0010 | slpetrich@postholdings.com or
Go to: <https://www.postconsumerbrands.com/food-service/>

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