



FOODSERVICE

# Old Fashioned Rolled Oats

## 12/42 oz Tubes #04651

Nutrition Facts	
About 30 servings per container	
Serving size 1/2 cup dry (40g)	
Amount per serving	<b>150</b>
<b>Calories</b>	
% Daily Value*	
<b>Total Fat</b> 3g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrate</b> 27g	10%
Dietary Fiber 4g	14%
Soluble Fiber 2g	
Insoluble Fiber 2g	
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.5mg	8%
Potassium 140mg	2%
Thiamin	15%
Phosphorus	10%
Magnesium	10%
Zinc	10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



**Ingredients:** Whole Grain Rolled Oats.

Nutritional and Program Specifications				OOF-101
<b>Oz Eq Grain Credit</b>	1.25 oz eq Grain	<b>Smart Snacks Qualified Snack</b>		Yes
<b>Whole Grain Rich</b>	Yes		200 or less Calories	Yes
<b>Whole Grain 1<sup>st</sup> Ingredient</b>	Yes		200 mg or less Sodium	Yes
<b>6 g or less Sugar per oz eq</b>	Yes		35% or less Calories from Fat	Yes
<b>Fortified</b>	No		10% or less Calories from Sat Fat	Yes
<b>Allergens</b>	No		0g Trans Fat	Yes
<b>Artificial Flavors</b>	No		35% or less by weight from Total Sugars	Yes
<b>Certified Synthetic Colors</b>	No		<b>CACFP Qualified</b>	Yes
<b>Nuts</b>	No		<b>Buy American Compliant</b>	Yes
<b>BHT/BHA/TBHQ</b>	No		<b>Kosher</b>	OU
<b>HFCS</b>	No		<b>Shelf Life</b>	600 days

Case Specifications			
<b>Case Code</b>	04651	<b>Ship/Net Weight (pounds)</b>	34.99 / 31.5
<b>GTIN</b>	100-42400-04651-3	<b>Case Cube (cu. Ft.)</b>	2.03
<b>Hi/Ti</b>	4/5	<b>Case Dimensions L x W x H (inches)</b>	21.63 X 16.25 X 10
<b>Cases per Pallet</b>	20	<b>Storage</b>	Cool / Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>



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# Product Formulation Statement for Documenting Grains In Child Nutrition Programs

(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

**Product Name:** Malt-o-Meal Old Fashioned Rolled Oats

**Product SKU:** 04651

**Manufacturer:** Post Consumer Brands

**Serving Size:** ½ cup dry (40 g)

Does the product meet the whole grain rich criteria? **Yes** Is the product fortified? **No**

Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16 g creditable grains per oz eq; Groups H and I use the standard of 28 g creditable grains per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the product belongs: **Group H - Breakfast Cereal Cooked**

Product Description Per Exhibit A	Portion Size of Product as Purchased A	Weight of 1 oz. eq. as Listed in Exhibit A B	Creditable Amount A ÷ B
Breakfast Cereal (Cooked)	40 g dry	28 g	1.43
<b>Total Creditable Amount</b>			<b>1.25 oz eq</b>

Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

**Total weight (per portion) of product as purchased:** 40 g dry

**Total contribution of product (per portion) oz eq:** 1.25 oz eq

I certify that the above information is true and correct and that a 40 g dry portion of this product provides 1.25 oz eq grains. I further certify that non-creditable grains are not above 0.24 oz eq per portion. Products in Group I with more than 0.24 oz eq or 6.99 g of non-creditable grains do not credit towards the grains requirement for school meals.

**Victoria Schlecht**  
Sr. Regulatory Scientist  
Post Consumer Brands

Signed: February 19, 2024

For more information on our K12 cereals

Contact Sheri Petrich, SNS, K12 Specialist: 724-971-0010 | slpetrich@postholdings.com or

Go to: <https://www.postconsumerbrands.com/food-service/>

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