



FOODSERVICE

# Instant Apples & Cinnamon Oatmeal 200/1.23 oz Packets #11851

Naturally Flavored

Nutrition Facts	Amount/Serving	%DV	Amount/Serving	%DV
	<b>Total Fat</b> 1g		<b>2%</b>	<b>Total Carbohydrate</b> 28g
Saturated Fat 0g		<b>0%</b>	Dietary Fiber 3g	<b>10%</b>
Trans Fat 0g			Soluble Fiber 1g	
Polyunsaturated Fat 0g			Insoluble Fiber 1g	
Monounsaturated Fat 0g			Total Sugars 15g	
<b>Cholesterol</b> 0mg		<b>0%</b>	Incl. 11g Added Sugars	<b>22%</b>
<b>Sodium</b> 200mg		<b>9%</b>	<b>Protein</b> 2g	
Vitamin D 0% • Calcium 8% • Iron 20% • Potassium 2% • Vitamin A 25% • Thiamin 25% • Riboflavin 25% • Niacin 25% • Vitamin B6 20% • Folate 100mcg DFE (60mcg folic acid) 25% • Phosphorus 6%				

**INGREDIENTS:** WHOLE GRAIN ROLLED OATS, SUGAR, DRIED APPLES, SALT, CINNAMON, CALCIUM CARBONATE, GUAR GUM, CITRIC ACID, NATURAL FLAVOR, SODIUM SULFITE (TO MAINTAIN APPLE COLOR).

**VITAMINS AND MINERALS:** NIACINAMIDE (VITAMIN B3), VITAMIN A PALMITATE, REDUCED IRON, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID.



Nutritional and Program Specifications				OAC-100
Oz Eq Grain Credit	1.25	Smart Snacks Qualified Snack		No
Whole Grain Rich	Yes	200 or less Calories		Yes
Whole Grain 1 <sup>st</sup> Ingredient	Yes	200 mg or less Sodium		Yes
6 g or less Sugar per oz eq	No	35% or less Calories from Fat		Yes
Fortified	Yes	10% or less Calories from Sat Fat		Yes
Allergens	No	0g Trans Fat		Yes
Artificial Flavors	No	35% or less by weight from Total Sugars		No
Certified Synthetic Colors	No	CACFP Qualified		No
Nuts	No	Buy American Compliant		Yes
BHT/BHA/TBHQ	Sodium Sulfite	Kosher		OU
HFCs	No	Shelf Life		545

Case Specifications			
Case Code	11851	Ship/Net Weight (pounds)	17.13 /15.375
GTIN	000-42400-11851-0	Case Cube (cu. Ft.)	1.06
Hi/Ti	4/10	Case Dimensions L x W x H (inches)	19.5 X 9.81 X 9.56
Cases per Pallet	40	Storage	Cool / Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>



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# Product Formulation Statement for Documenting Grains In Child Nutrition Programs

(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

Product Name: Apple Cinnamon Oatmeal Packet

Product SKU: 11851

Manufacturer: Post Consumer Brands

Serving Size: 35 g dry

Does the product meet the whole grain rich criteria? **Yes** Is the product fortified? **Yes**

Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16 g creditable grains per oz eq; Groups H and I use the standard of 28 g creditable grains per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the product belongs: **Group H - Breakfast Cereal Cooked**

Product Description Per Exhibit A	Portion Size of Product as Purchased A	Weight of 1 oz. eq. as Listed in Exhibit A B	Creditable Amount A ÷ B
Breakfast Cereal (Cooked)	35 g dry	28 g	1.25
<b>Total Creditable Amount</b>			<b>1.25</b>

Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased: **35 g dry**

Total contribution of product (per portion) oz eq: **1.25 oz eq**

I certify that the above information is true and correct and that a **35 g dry** portion of this product (ready for serving) provides **1.25 oz eq grains**. I further certify that non-creditable grains are not above 0.24 oz eq per portion. Products in Group I with more than 0.24 oz eq or 6.99 g of non-creditable grains do not credit towards the grains requirement for school meals.

**Victoria Schlecht**  
Sr. Regulatory Scientist  
Post Consumer Brands

Signed: February 19, 2024

For more information on our K12 cereals

Contact Sheri Petrich, SNS, K12 Specialist: 724-971-0010 | slpetrich@postholdings.com or  
Go to: <https://www.postconsumerbrands.com/food-service/>

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