



FOODSERVICE

# Honey Graham Toasters

## 9/24 oz Bags #18904

### Nutrition Facts

About X servings per container  
**Serving size** 1 cup (42g)

Amount per serving  
**Calories** 170

% Daily Value\*

Total Fat 4.5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 3g	
Cholesterol 0mg	0%
Sodium 360mg	15%
Total Carbohydrate 33g	12%
Dietary Fiber 2g	7%
Total Sugars 15g	
Incl. 14g Added Sugars	29%
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 160mg	10%
Iron 5.4mg	30%
Potassium 70mg	0%
Thiamin	60%
Niacin	15%
Vitamin B6	15%
Folate 40mcg DFE (25mcg folic acid)	10%
Pantothenic Acid	10%
Phosphorus	4%
Zinc	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



**Ingredients:** Whole Grain Wheat, Sugar, Corn Meal, Canola and/or Soybean Oil, Molasses, Fructose, Salt, Honey, Baking Soda, Calcium Carbonate, Soy Lecithin, Dextrose, Trisodium Phosphate, TBHQ and BHT added to preserve freshness.

**Vitamins and Minerals:** Ferric Orthophosphate (source of iron), Niacinamide (Vitamin B3), Zinc Oxide, Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid.

**CONTAINS WHEAT AND SOY**

Nutritional and Program Specifications			GRA-102 RTE
<b>Oz Eq Grain Credit</b>	1.5	<b>Smart Snacks Qualified Snack (28g serving)</b>	No
<b>Whole Grain Rich</b>	Yes	200 or less Calories	Yes
<b>Whole Grain 1<sup>st</sup> Ingredient</b>	Yes	200 mg or less Sodium	No
<b>6 g or less Sugar per oz</b>	No	35% or less Calories from Fat	Yes
<b>Fortified</b>	Yes	10% or less Calories from Sat Fat	Yes
<b>Allergens</b>	Wheat & Soy	0g Trans Fat	Yes
<b>Artificial Flavors</b>	No	35% or less by weight from Total Sugars	No
<b>Certified Synthetic Colors</b>	No	<b>CACFP Qualified</b>	No
<b>Nuts</b>	No	<b>Buy American Compliant</b>	Yes
<b>BHT/BHA/TBHQ</b>	TBHQ & BHT	<b>Kosher</b>	No
<b>HFCS</b>	No	<b>Shelf Life</b>	365

Case Specifications			
<b>Case Code</b>	18904	<b>Ship/Net Weight (pounds)</b>	15.23 / 13.5
<b>GTIN</b>	100-42400-18904-3	<b>Case Cube (cu. Ft.)</b>	1.9
<b>Hi/Ti</b>	5/6	<b>Case Dimensions L x W x H (inches)</b>	23.88 x 13.25 x 10.38
<b>Cases per Pallet</b>	30	<b>Storage</b>	Cool / Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>



FOODSERVICE

# Product Formulation Statement for Documenting Grains In Child Nutrition Programs

(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

Product Name: Honey Graham Toasters

Product SKU: 18904

Manufacturer: Post Consumer Brands

Serving Size: 42 g

Does the product meet the whole grain rich criteria? **Yes** Is the product fortified? **Yes**

Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16 g creditable grains per oz eq; Groups H and I use the standard of 28 g creditable grains per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the product belongs: **Group I - RTE Breakfast Cereals**

Product Description Per Exhibit A	Portion Size of Product as Purchased A	Weight of 1 oz. eq. as Listed in Exhibit A B	Creditable Amount A ÷ B
RTE Breakfast Cereal (Cold/Dry)	42 g	28 g	1.5 oz eq
<b>Total Creditable Amount</b>			<b>1.5 oz eq</b>

Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased: **42 g**

Total contribution of product (per portion) oz eq: **1.5 oz eq**

I certify that the above information is true and correct and that a **42 g** portion of this product (ready for serving) provides **1.5 oz eq grains**. I further certify that non-creditable grains are not above 0.24 oz eq per portion. Products in Group I with more than 0.24 oz eq or 6.99 g of non-creditable grains do not credit towards the grains requirement for school meals.

**Victoria Schlecht**  
Sr. Regulatory Scientist  
Post Consumer Brands

Signed: February 25, 2024

For more information on our K12 cereals

Contact Sheri Petrich, SNS, K12 Specialist: 724-971-0010 | slpetrich@postholdings.com or  
Go to: <https://www.postconsumerbrands.com/food-service/>

GRA-102 RTE