



FOODSERVICE

Honey Bunches of Oats

Honey Roasted Cup

12/2 oz Cups #34334

Also part of Assorted Pack # 28571



Nutrition Facts

Serving size
1 container (57g)

Calories
per serving **220**

Amount/Serving	%DV	Amount/Serving	%DV
Total Fat 2g	2%	Total Carbohydrate 48g	18%
Saturated Fat 0g	0%	Dietary Fiber 2g	9%
Trans Fat 0g		Total Sugars 11g	
Cholesterol 0mg	0%	Incl. 11g Added Sugars	21%
Sodium 200mg	9%	Protein 4g	
Vitamin D 0% • Calcium 0% • Iron 40% • Potassium 2% • Thiamin 100% Niacin 20% • Vitamin B6 20% • Folate 60mcg DFE (35mcg folic acid) 15% Pantothenic Acid 20% • Zinc 20%			

INGREDIENTS: DEGERMED YELLOW CORN, WHOLE GRAIN WHEAT, SUGAR, WHOLE GRAIN ROLLED OATS, RICE, CANOLA AND/OR SOYBEAN OIL, CORN SYRUP, SALT, BARLEY MALT EXTRACT, MOLASSES, CINNAMON, HONEY, CARAMEL COLOR, NATURAL FLAVOR. **VITAMINS AND MINERALS:** FERRIC ORTHOPHOSPHATE (SOURCE OF IRON), NIACINAMIDE (VITAMIN B3), ZINC OXIDE, THIAMIN MONONITRATE (VITAMIN B1), CALCIUM PANTOTHENATE (VITAMIN B5), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), FOLIC ACID.
CONTAINS WHEAT.

Nutritional and Program Specifications

HOB 101 CUP

Oz Eq Grain Credit	2	Smart Snacks Qualified Snack	Yes, if day of/after menued as Entree
Whole Grain Rich	No	200 or less Calories	No
Whole Grain 1 st Ingredient	No	200 mg or less Sodium	Yes
Added Sugar Complaint SY25/26	Yes	35% or less Calories from Fat	Yes
Fortified	Yes	10% or less Calories from Sat Fat	Yes
Allergens	Wheat	0g Trans Fat	Yes
Artificial Flavors	No	35% or less by weight from Total Sugars	Yes
Certified Synthetic Colors	No	CACFP Qualified	Yes
Nuts	No	Buy American Compliant	Yes
BHT/BHA/TBHQ	No	Kosher	OU
HFCS	No	Shelf Life	365

Case Specifications

Case Code	34334	Ship Weight (pounds)	2.32
GTIN	008-84912-34334-5	Case Cube (cu. Ft.)	0.49
Hi/Ti	6/16	Case Dimensions L x W x H (inches)	12.69 x 8.69 x 7.75
Cases per Pallet	96	Storage	Cool / Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>



Product Formulation Statement for Documenting Grains In Child Nutrition Programs

(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

Product Name: Honey Bunches of Oats Honey
Roasted

Product SKU: 34334

Manufacturer: Post Consumer Brands

Serving Size: 57 g

Does the product meet the whole grain rich criteria? No Is the product fortified? Yes

Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16 g creditable grains per oz eq; Groups H and I use the standard of 28 g creditable grains per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the product belongs: Group I - RTE Breakfast Cereals

Product Description Per Exhibit A	Portion Size of Product as Purchased A	Weight of 1 oz. eq. as Listed in Exhibit A B	Creditable Amount A ÷ B
RTE Breakfast Cereal (Cold/Dry)	57 g	28 g	2.04 oz eq
Total Creditable Amount			2 oz eq

Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased: 57 g

Total contribution of product (per portion) oz eq: 2 oz eq

I certify that the above information is true and correct and that a 57 g portion of this product (ready for serving) provides 2 oz eq grains. I further certify that non-creditable grains are not above 0.24 oz eq per portion. Products in Group I with more than 0.24 oz eq or 6.99 g of non-creditable grains do not credit towards the grains requirement for school meals.

Victoria Schlecht

Sr. Regulatory Scientist
Post Consumer Brands

Signed: May 13, 2025

For more information on our K12 cereals

Contact Sheri Petrich, SNS, K12 Specialist: 724-971-0010 | slpetrich@postholdings.com or
Go to: <https://www.postconsumerbrands.com/food-service/>

HOB-101-CUP