



FOODSERVICE

Frosted Flakes

4/45 oz Bags #09817

Post Classic
Soft Transition
July 2025
No formula Change

Nutrition Facts

About X servings per container

Serving size 1 1/4 cup (41g)

Amount per serving

Calories 160

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 190mg 8%

Total Carbohydrate 37g 13%

Dietary Fiber 0g 0%

Total Sugars 15g

Includes 15g Added Sugars 30%

Protein 2g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 5.4mg 30%

Potassium 30mg 0%

Thiamin 70%

Niacin 10%

Vitamin B₆ 10%Folate 40mcg DFE 10%
(25mcg folic acid)

Pantothenic Acid 10%

Zinc 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Ingredients: Milled Corn, Sugar, Contains 2% or less of: Corn Syrup, Salt, Barley Malt Extract, Wheat Starch.

Vitamins And Minerals: Ferric Orthophosphate (source of iron), Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (a B-Vitamin), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid.

Contains Wheat

Product Specifications

SFF-100.1 RTE

Whole Grain Rich / 50%+ Grains a Whole Grain	No	HFCS	No
Declared Allergens	Wheat	Gluten Free	No
Nuts	No	Kosher	OU

Case Specifications

Case Code	09817	Ship/Net Weight (pounds)	12.93 / 11.25
GTIN	100-42400-09817-8	Case Cube (cu. Ft.)	1.74
Hi/Ti	5/6	Case Dimensions L x W x H (inches)	20 x 16 x 9.38
Cases per Pallet	30	Shelf Life / Storage	365 / Cool / Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>