

# Crispy Rice

## 96/0.63 oz Bowl #00542

**Post** **Crispy Rice** CEREAL

**Nutrition Facts**  
 Serving size 1 bowl (18g)  
 Calories 70 per serving

Amount/Serving	%DV	Amount/Serving	%DV
Total Fat 0g	0%	Total Carbohydrate 16g	6%
Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Trans Fat 0g		Total Sugars 2g	
Cholesterol 0mg	0%	Incl. 2g Added Sugars	3%
Sodium 105mg	5%	Protein 1g	

**Ingredients:** Rice, Sugar, Corn Syrup, Salt. **Vitamins and Minerals:** Ferric Orthophosphate (source of iron), Sodium Ascorbate (Vitamin C), Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Folic Acid, Riboflavin (Vitamin B2), Pyridoxine Hydrochloride (Vitamin B6), Vitamin A Palmitate, Thiamin Mononitrate (Vitamin B1), Vitamin B12, Vitamin D3.

POST CONSUMER BRANDS, LLC, LAKEVILLE, MN 55044, USA 1-800-431-POST (7678) or visit us on the web at: [postconsumerbrands.com](http://postconsumerbrands.com)

Discard Seal & Rinse Bowl  
 PLASTIC BOWL  
 GF GLUTEN FREE  
 ≤ 6g Added Sugars per 1 oz eq.  
 ©POST CONSUMER BRANDS, LLC  
 ©MALT-O-MEAL  
 BEST IF USED BY

NET WT 0.63 OZ (18g)



*A Gluten-Free staple fortified with vitamins & minerals*

Nutritional and Program Specifications			CR-100 BP
Oz Eq Grain Credit	0.5	Smart Snacks Qualified Snack	Yes, if day of/after menued as Entree
Whole Grain Rich	No	200 or less Calories	Yes
Whole Grain 1 <sup>st</sup> Ingredient	No	200 mg or less Sodium	Yes
6g Added Sugar Compliant	Yes	35% or less Calories from Fat	Yes
Fortified	Yes	10% or less Calories from Sat Fat	Yes
Dedared Allergens	None	0g Trans Fat	Yes
Artificial Flavors	No	35% or less by weight from Total Sugars	Yes
Certified Synthetic Colors	No	CACFP Qualified	Yes
Nuts	No	K12 Buy American Compliant	Yes
BHT/BHA/TBHQ	No	Kosher	OU
HFCS	No	Shelf Life	365 Days

Case Specifications			
Pack	96/ 0.63 oz	Ship Weight (pounds)	6.45
GTIN	100-42400-00542-8	Case Cube (cu. Ft.)	1.79
Ti/Hi	9/3	Case Dimensions L x W x H (inches)	16.56 X 13 X 14.38
Cases per Pallet	27	Storage	Cool / Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>



# Product Formulation Statement for Documenting Grains In Child Nutrition Programs

*(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)*

**Product Name:** Crispy Rice **Product SKU:** 00542  
**Manufacturer:** Post Consumer Brands **Serving Size:** 18 g Bowl

**Does the product meet the whole grain rich criteria?** No **Is the product fortified?** Yes

Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). *(Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16 g creditable grains per oz eq; Groups H and I use the standard of 28g creditable grains per oz eq or volume.)*

**Indicate which Exhibit A Group (A-I) the product belongs:** Group I - RTE Breakfast Cereals

Product Description Per Exhibit A	Portion Size of Product as Purchased A	Weight of 1 oz. eq. as Listed in Exhibit A B	Creditable Amount A ÷ B
RTE Breakfast Cereal (Cold/Dry)	18 g	28 g	0.63 oz eq
<b>Total Creditable Amount</b>			0.5 oz eq

*Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.*

**Total weight (per portion) of product as purchased:** 18 g

**Total contribution of product (per portion) oz eq:** 0.5 oz eq

I certify that the above information is true and correct and that an 18 g portion of this product (ready for serving) provides 0.5 oz eq grains. I further certify that non-creditable grains are not above 0.24 oz eq per portion. Products in Group I with more than 0.24 oz eq or 6.99 g of non-creditable grains do not credit towards the grains requirement for school meals.

**Victoria Schlecht**  
Sr. Regulatory Scientist  
Post Consumer Brands

Signed: January 8, 2026

**For more information on our K12 cereals**  
Contact Sheri Petrich, SNS, K12 Specialist: 724-971-0010 | slpetrich@postholdings.com or  
Go to: <https://www.postconsumerbrands.com/food-service/>

CR 100 BP