



FOODSERVICE

Apple Zings

6/30 oz Bags #38988

Nutrition Facts	
About X servings per container	
Serving size 1 1/3 cups (39g)	
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 34g	12%
Dietary Fiber less than 1g	3%
Total Sugars 17g	
Incl. 17g Added Sugars	35%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 150mg	10%
Iron 5.4mg	30%
Potassium 40mg	0%
Thiamin	60%
Niacin	10%
Vitamin B ₆	10%
Folate 30mcg DFE (20mcg folic acid)	8%
Pantothenic Acid	10%
Phosphorus	4%
Zinc	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Ingredients: Sugar, Degermed Yellow Corn Flour, Wheat Flour, Whole Grain Oat Flour, Corn Syrup, Salt, Canola and/or Soybean Oil, Calcium Carbonate, Apple Juice Concentrate, Apple Solids, Cinnamon, Dextrose, Maltodextrin, Modified Cornstarch, Yellow 6, Baking Soda, Corn Syrup Solids, Red 40, Yellow 5, Natural Flavor, Blue 1.

Vitamins and Minerals: Ferric Orthophosphate (source of iron), Niacinamide (Vitamin B3), Zinc Oxide, Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid.

CONTAINS WHEAT

Product Specifications

APL-101-RTE

Whole Grain Rich / 50%+ Grains a Whole Grain	No	HFCS	No
Declared Allergens	Wheat	Gluten Free	No
Nuts	No	Kosher	OU

Case Specifications

Case Code	38988	Ship/Net Weight (pounds)	13.32 / 11.25
GTIN	100-42400-38988-7	Case Cube (cu. Ft.)	2.41
Hi/Ti	4/6	Case Dimensions L x W x H (inches)	20 x 16 x 13
Cases per Pallet	24	Shelf Life / Storage	365 / Cool / Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>