



Instant Apples & Cinnamon Oatmeal 200/1.23 oz Packets #11851

Naturally Flavored

Nutrition Facts	Amount/Serving	%DV	Amount/Serving	%DV
	Total Fat 1g	2%	Total Carbohydrate 28g	10%
Serving size 1 packet (35g)	Saturated Fat 0g	0%	Dietary Fiber 3g	10%
	Trans Fat 0g		Soluble Fiber 1g	
	Polyunsaturated Fat 0g		Insoluble Fiber 1g	
	Monounsaturated Fat 0g		Total Sugars 15g	
	Cholesterol 0mg	0%	Incl. 11g Added Sugars	22%
Calories per serving 120	Sodium 200mg	9%	Protein 2g	
	Vitamin D 0% • Calcium 8% • Iron 20% • Potassium 2% • Vitamin A 25% • Thiamin 25% • Riboflavin 25% • Niacin 25% • Vitamin B6 20% • Folate 100mcg DFE (60mcg folic acid) 25% • Phosphorus 6%			

INGREDIENTS: WHOLE GRAIN ROLLED OATS, SUGAR, DRIED APPLES, SALT, CINNAMON, CALCIUM CARBONATE, GUAR GUM, CITRIC ACID, NATURAL FLAVOR, SODIUM SULFITE (TO MAINTAIN APPLE COLOR).

VITAMINS AND MINERALS: NIACINAMIDE (VITAMIN B3), VITAMIN A PALMITATE, REDUCED IRON, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID.



Product Specifications			OAC-100
Whole Grain Rich / 50+ Grains a Whole Grain	Yes	HFCS	No
Declared Allergens	None	Gluten Free	No
Nuts	No	Kosher	OU

Case Specifications			
Case Code	11851	Ship/Net Weight (pounds)	17.13 /15.375
GTIN	000-42400-11851-0	Case Cube (cu. Ft.)	1.06
Hi/Ti	4/10	Case Dimensions L x W x H (inches)	19.5 X 9.81 X 9.56
Cases per Pallet	40	Shelf Life/ Storage	545 Days- Cool / Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>