

Nutrition Facts

About X servings per container

Serving size 1 1/3 cups (40g)

Amount per serving
Calories 160

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 35g	13%
Dietary Fiber Less than 1g	2%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 5.4mg	30%
Potassium 50mg	0%
Thiamin	60%
Niacin	15%
Vitamin B6	15%
Folate 40mcg DFE (25mcg folic acid)	10%
Pantothenic Acid	10%
Phosphorus	2%
Zinc	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Milled Corn, Corn Syrup, Salt, Barley Malt Extract, Wheat Starch. BHT added to preserve freshness.

Vitamins and Minerals: Ferric Orthophosphate (Source Of Iron), Niacinamide (Vitamin B3), Zinc Oxide, Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid.

CONTAINS WHEAT.

**Post Consumer Brands
Corn Flakes Cereal
CF-101 RTE
(CIRCLE-U)
Regulatory NFP Released: 10/21/18
Graphics NFP Released: 10/21/18**

Nutrition Facts have been developed to comply with current Federal regulations.



Product	Pack/Size	Case UPC	GTIN
Corn Flakes	4/34 oz	09815	100-42400-09815-4

Case Weight	Case Cube	Case Dimensions	Ti / Hi	Cases/Pallet
10.18	1.74	20 X 16 X 9.38	6 / 5	30



Merrilee Olson

5/1/23

National Sales Manager - K12