



FOODSERVICE

# Bulk Cereals

	CASE GTIN		TARGET BRAND	CASE CODE	PACK SIZE	PALLET PATTERN
Malt O Meal Apple Zings®	100 42400 38988 7	CASE DIM. (LXWXH): 20x16x13 CUBE: 2.41 cu. ft. SHIP WEIGHT: 13.32 LB	Apple Jacks®	38988	6/30 oz	6 layer / 4 high
Malt O Meal Berry Colossal Crunch®	100 42400 09825 3	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 12.68 LB	Cap'n Crunch's Crunch Berries®	09825	4/44 oz	6 layer / 5 high
Malt O Meal Cinnamon Granola	100 42400 07485 1	CASE DIM. (LXWXH): 15.9x11.8x6.9 CUBE: .74 cu. ft. SHIP WEIGHT: 13.47 LB	Nature Valley™ Oats 'n Honey	07485	4/50 oz	10 layer / 6 high
Malt O Meal Cinnamon Toasters®	100 42400 09831 7	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 13.76 LB	Cinnamon Toast Crunch®	09831	6/32 oz	6 layer / 5 high
Malt O Meal Cocoa Dyno-Bites®	100 42400 09832 1	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 13.68 LB	Cocoa Pebbles®	09832	4/48 oz	6 layer / 5 high
Malt O Meal Coco-Roos®	100 42400 38986 3	CASE DIM. (LXWXH): 18.75x16x13 CUBE: 2.26 cu. ft. SHIP WEIGHT: 13.99 LB	Cocoa Puffs®	38986	6/32 oz	6 layer / 4 high
Malt O Meal Corn Flakes	100 42400 09815 4	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 10.18 LB	Kellogg's Corn Flakes®	09815	4/34 oz	6 layer / 5 high
Malt O Meal Crispy Rice	100 42400 90528 5	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 9.68 LB	Kellogg's Rice Krispies®	90528	4/32 oz	6 layer / 5 high
Malt O Meal Frosted Flakes	100 42400 09817 8	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 12.93 LB	Kellogg's® Frosted Flakes	09817	4/45 oz	6 layer / 5 high
Malt O Meal Frosted Mini Spooners®	100 42400 09826 0	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 15.26 LB	Frosted Mini-Wheats®	09826	6/36 oz	6 layer / 5 high
Malt O Meal Fruity Dyno-Bites®	100 42400 09828 4	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 13.18 LB	Fruity Pebbles®	09826	4/46 oz	6 layer / 5 high
Malt O Meal Golden Puffs®	100 42400 38917 7	CASE DIM. (LXWXH): 18.75x16x13 CUBE: 2.26 cu. ft. SHIP WEIGHT: 13.98 LB	Golden Crisp®	38917	6/32 oz	6 layer / 4 high
Malt O Meal Honey Graham Toasters®	100 42400 18904 3	CASE DIM. (LXWXH): 23.88x13.25x10.38 CUBE: 1.9 cu. ft. SHIP WEIGHT: 15.35 LB	Golden Grahams®	18904	9/24 oz	6 layer / 5 high
Malt O Meal Honey Scooters®	100 42400 09818 5	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 12.68 LB	Honey Nut Cheerios®	09818	4/44 oz	6 layer / 5 high
Malt O Meal Marshmallow Mateys®	100 42400 09821 5	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 12.18 LB	Lucky Charms®	09821	4/42 oz	6 layer / 5 high
Malt O Meal Raisin Bran®	100 42400 09816 1	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 15.26 LB	Kellogg's® Raisin Bran	09816	6/36 oz	6 layer / 5 high
Malt O Meal Strawberry Cream Mini Spooners®	100 42400 06237 7	CASE DIM. (LXWXH): 18.75x16x13 CUBE: 2.26 cu. ft. SHIP WEIGHT: 20.04 LB		06237	8/36 oz	6 layer / 4 high
Malt O Meal Scooters®	100 42400 09813 0	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 10.18 LB	Cheerios®	09813	4/34 oz	6 layer / 5 high
Malt O Meal Tootie Fruities®	100 42400 09819 2	CASE DIM. (LXWXH): 20x16x9.4 CUBE: 1.74 cu. ft. SHIP WEIGHT: 10.43 LB	Froot Loops®	09819	4/35 oz	6 layer / 5 high
Fruity Pebbles™	008 84912 29592 7	CASE DIM. (LXWXH): 20x16x9.38 CUBE: 1.74 cu. ft. SHIP WEIGHT: 12.51 LB		29592	4/40 oz	6 layer / 5 high
Coco Pebbles™	008 84912 29642 9	CASE DIM. (LXWXH): 20x16x9.38 CUBE: 1.74 cu. ft. SHIP WEIGHT: 12.51 LB		29642	4/40 oz	6 layer / 5 high

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# NUTRITION SPECIFICATIONS

	EQ GRAIN	SHELF LIFE (MO)	KOSHER SYMBOL	SERVING SIZE(g)	TOTAL CALORIES	TOTAL FAT (g)	TOTAL FAT (%DV)	SAT FAT (g)	SAT FAT (%DV)	CHOLESTROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	TOTAL DIETARY FIBER (g)	TOTAL SUGAR (g)	PROTEIN (g)	WHOLE GRAIN	≤6G SUGAR PER 1 OZ EQ GRAIN	SMART SNACK QUALIFIED
Malt-O-Meal Apple Zings®	1.25	12	Ⓢ	39	150	1	1	0	0	0	180	34	1	17	2			
Malt-O-Meal Berry Colossal Crunch®	1.25	12	Ⓢ	38	150	1.5	2	0	0	0	260	33	<1	17	1			
Malt-O-Meal Cinnamon Granola <sup>K12</sup>	1	9	Ⓢ	20	90	2.5	3	0	0	0	45	15	1	5	1	★	★	★
Malt-O-Meal Cinnamon Toasters® <sup>K12</sup>	1.5	12		42	180	5	6	0.5	0	0	210	32	2	14	2	★		★
Malt-O-Meal Cocoa Dyno-Bites® <sup>GF</sup>	1.5	12	Ⓢ	42	170	1.5	2	0	0	0	240	37	<1	18	2			
Malt-O-Meal Coco-Roos®	1.5	12	Ⓢ	43	170	2	2	0	0	0	150	38	<1	21	1			
Malt-O-Meal Corn Flakes	1.25	12	Ⓢ	40	160	0	0	0	0	0	290	35	1	1	3			
Malt-O-Meal Crispy Rice <sup>GF</sup>	1.25	12	Ⓢ	41	160	0.5	1	0	0	0	240	36	0	4	3			
Malt-O-Meal Frosted Flakes	1.25	12	Ⓢ	41	160	0	0	0	0	0	190	37	0	15	2			
Malt-O-Meal Frosted Mini Spooners® <sup>K12</sup>	2	12		60	210	1	1	0	0	0	10	50	6	12	5	★	★	★
Malt-O-Meal Fruity Dino-Bites® <sup>GF</sup>	1.25	12	Ⓢ	36	140	1	1	0	0	0	230	33	0	15	1			
Malt-O-Meal Golden Puffs®	1.25	12	Ⓢ	38	150	0.5	1	0	0	0	85	34	0	21	2			
Malt-O-Meal Honey Graham Toasters® <sup>K12</sup>	1.5	12		42	170	4.5	6	0.5	3	0	360	32	2	15	2	★		★
Malt-O-Meal Honey Scooters® <sup>K12</sup>	1.25	12	Ⓢ	41	160	2	3	0	0	0	280	33	2	12	3	★		★
Malt-O-Meal Marshmallow Mateys® <sup>K12</sup>	1.5	11		42	160	1.5	2	0	0	0	280	35	2	17	3	★		★
Malt-O-Meal Raisin Bran <sup>K12</sup>	2	12	Ⓢ	61	190	1	1	0	0	0	240	48	9	20	5	★		★
Malt-O-Meal Strawberry Cream Mini Spooners® <sup>K12</sup>	2	12		60	210	1	1	0	0	0	10	49	6	12	5	★	★	★
Malt-O-Meal Scooters® <sup>K12</sup>	1.25	10	Ⓢ	41	160	3	4	0	0	0	200	30	3	0	5	★	★	★
Malt-O-Meal Tootie Fruities®	1.5	12	Ⓢ	41	170	1.5	2	0	0	0	190	36	1	19	2			
Post Fruity Pebbles™ <sup>GF</sup>	1.25	12	Ⓢ	36	140	1.5	2	0	0	0	190	31	0	12	1			
Post Cocoa Pebbles™ <sup>GF</sup>	1.25	12	Ⓢ	36	140	1.5	2	0	0	0	220	31	<1	12	2			



## Bulk Cereals

Post & Malt-O-Meal Brand ready-to-eat cereals are conveniently bulk packed with four to eight bags per case.

A counter dispenser is the best delivery option for Post & Malt-O-Meal bulk cereals. Labor saving self-service dispensers hold the entire contents of the cereal bag. There are no half-filled bags in your supply room. Made of sturdy plastic, the dispensers are easy to assemble, dismantle for clean up, and are dishwasher safe.

Best of all, use of our dispenser is available for those that meet annual Ready-To-Eat cereal volume requirements.

