

# Nutrition Facts

About X servings per container  
**Serving size 1 1/4 cup (61g)**

Amount per serving  
**Calories 190**

% Daily Value\*

<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 240mg	<b>11%</b>
<b>Total Carbohydrate</b> 48g	<b>17%</b>
Dietary Fiber 9g	<b>31%</b>
Soluble Fiber 1g	
Insoluble Fiber 7g	
Total Sugars 20g	
Includes 9g Added Sugars	<b>19%</b>

**Protein** 5g

Vitamin D 2mcg	10%
Calcium 30mg	2%
Iron 10.8mg	60%
Potassium 340mg	8%
Vitamin A	35%
Thiamin	60%
Riboflavin	50%
Niacin	40%
Vitamin B <sub>6</sub>	50%
Folate 360mcg DFE (215mcg folic acid)	90%
Vitamin B <sub>12</sub>	90%
Pantothenic Acid	10%
Phosphorus	20%
Magnesium	25%
Zinc	30%
Copper	30%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Whole Grain Wheat, Raisins, Wheat Bran, Sugar, Wheat Flour, Malted Barley Flour, Salt.

**Vitamins and Minerals:** Reduced Iron, Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Vitamin A Palmitate, Pyridoxine Hydrochloride (Vitamin B6), Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid, Vitamin B12, Vitamin D3.

**CONTAINS WHEAT.**

# Post Consumer Brands Raisin Bran Cereal PRB-100 RTE (CIRCLE-U) Regulatory NFP Released: 08/21/17 Graphics NFP Released: 08/21/17

Nutrition Facts have been developed to comply with current Federal regulations.

Product	Pack/Size	Case UPC	GTIN
Raisin Bran	6/36 oz	09816	100-42400-09816-1

Case Weight	Case Cube	Case Dimensions	Ti / Hi	Cases/Pallet
15.61	1.74	20 x 16 x 9.38	6 / 5	30



# Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

**Product Name:** Malt-O-Meal Raisin Bran Bulk (6/36 oz)

**Code No:** 09816

**Manufacturer:** Post Consumer Brands

**Serving Size:** 1 oz

**I. Does the product meet the Whole Grain-Rich Criteria: Yes**

(Refer to SP 30-2012 Grain Requirements for National School Lunch Program and School Breakfast Program.)

**II. Does the product contain non-creditable grains: Yes**

**How many grams:**

3.27

(Products with more than .24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit toward the grain requirements for school meals.)

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program:**

**Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).**

(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Group A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group (A-I) the Product Belongs:

I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	1	1	1
<b>Total Creditable Amount<sup>1</sup></b>			<b>1</b>

<sup>1</sup>Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

**Total weight (per portion) of product as purchased:** 1 oz

**Total contribution of product (per portion)** 1 **oz equivalent**

I further certify that the above information is true and correct and the a 1 ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Merrilee Olson 5/1/23

**Signature & Date**

Merrilee Olson  
**Printed Name**

National Sales Manager - K12  
**Title**

763-245-0853  
**Phone #**



**FOODSERVICE**

