

# Nutrition Facts

About X servings per container  
**Serving size** 1/4 cup (20g)

Amount per serving  
**Calories** **90**  
% Daily Value\*

<b>Total Fat</b> 2.5g	<b>3 %</b>
Saturated Fat 0g	<b>0 %</b>
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1.5g	
<b>Cholesterol</b> 0mg	<b>0 %</b>
<b>Sodium</b> 40mg	<b>2 %</b>
<b>Total Carbohydrate</b> 15g	<b>5 %</b>
Dietary Fiber 1g	<b>4 %</b>
Total Sugars 5g	
Incl. 5g Added Sugars	<b>11 %</b>

**Protein** 1g

Vitamin D 0mcg	0 %
Calcium 10mg	0 %
Iron 0.5mg	2 %
Potassium 40mg	0 %

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Whole Grain Rolled Oats, Sugar, Rice, Canola Oil, Whole Grain Wheat, Rice Syrup, Molasses, Honey, Cinnamon, Salt. BHT added to packaging material to preserve freshness.

**CONTAINS WHEAT.**

## Post Consumer Brands

**GNC-101 RTE K12**  
 (Circle U)

Regulatory NFP Released: 03/04/19  
 Graphics NFP Released: 03/04/19

*Post*

**FOODSERVICE**

Product	Pack/Size	Case UPC	GTIN
Cinnamon Granola	4/50 oz	7485	100-42400-07485-1

Case Weight	Case Cube	Case Dimensions	Ti / Hi	Cases/Pallet
13.47	0.74	15.88 X 11.75 x 6.88	10 / 6	60



**FOODSERVICE****Formulation Statement for Documenting Grains in School Meals****Required Beginning SY 2013-2014****[ Crediting Standards Based on Revised Exhibit A ]**  
**weights per oz equivalent**

School Food Authorities (SFAs) should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Cinnamon Granola (bulk pack 4/50 oz) Code No.: 07485Manufacturer: Post Consumer Brands Serving Size: .70 oz (1/4 cup) = 1 oz eq grain**I. Does the product meet the Whole Grain-Rich Criteria:** Yes x No     *(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)***II. Does the product contain non-creditable grains:** Yes x No      **How many grams:** 4*(Products with more than 0.24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)*

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).** *(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)*

**Indicate which Exhibit A Group (A-I) the Product Belongs:** I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	.7 oz	.7 oz	1
<b>Total Creditable Amount<sup>1</sup></b>			<b>1</b>

<sup>1</sup> Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.Total weight (per portion) of product as purchased 20g (.7 oz) 1/4 cupTotal contribution of product (per portion) 1 oz equivalent

I further certify that the above information is true and correct and that a .70 ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Signature

Merrilee Olson

Printed Name

National Sales Manager - K12

Title

5/1/23

Date

763-245-0853

Phone Number