

Nutrition Facts

About X servings per container
Serving size 1 packet (43g)

Amount per serving
Calories 160

% Daily Value*

Total Fat 2g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 0.5g

Cholesterol 0mg **0%**

Sodium 240mg **10%**

Total Carbohydrate 33g **12%**

Dietary Fiber 3g **11%**

Soluble Fiber 1g

Insoluble Fiber 2g

Total Sugars 14g

Includes 13g Added Sugars **27%**

Protein 4g

Vitamin D 0mcg 0%

Calcium 100mg 8%

Iron 3.6mg 20%

Potassium 110mg 2%

Vitamin A 25%

Thiamin 25%

Riboflavin 25%

Niacin 20%

Vitamin B6 20%

Folate 120mcg DFE 30%
 (70mcg folic acid)

Phosphorus 8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whole Grain Rolled Oats, Sugar, Salt, Calcium Carbonate, Guar Gum, Molasses, Natural Flavor, Caramel Color, Maple Syrup.

Vitamins and Minerals: Niacinamide (Vitamin B3), Vitamin A Palmitate, Reduced Iron, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Thiamin Mononitrate (Vitamin B1), Folic Acid.

Post Consumer Brands Instant Maple Brown Sugar Oats OMB-100 HOT (CIRCLE U)

Regulatory NFP Released: 07/03/18
Graphics NFP Released: 12/12/18

Nutrition Facts have been developed to comply with current Federal regulations.

Alternate format
 for pouches

Nutrition Facts	Amount/Serving	%DV	Amount/Serving	%DV
Serving size 1 packet (43g)	Total Fat 2g	2%	Total Carbohydrate 33g	12%
Calories 160 per serving	Saturated Fat 0g	0%	Dietary Fiber 3g	11%
	Trans Fat 0g		Soluble Fiber 1g	
	Polyunsaturated Fat 0.5g		Insoluble Fiber 2g	
	Monounsaturated Fat 0.5g		Total Sugars 14g	
	Cholesterol 0mg	0%	Incl. 13g Added Sugars	27%
	Sodium 240mg	10%	Protein 4g	
	Vitamin D 0% • Calcium 8% • Iron 20% • Potassium 2% • Vitamin A 25% • Thiamin 25% • Riboflavin 25% • Niacin 20% • Vitamin B6 20% • Folate 120mcg DFE (70mcg folic acid) 30% • Phosphorus 8%			

INGREDIENTS: WHOLE GRAIN ROLLED OATS, SUGAR, SALT, CALCIUM CARBONATE, GUAR GUM, MOLASSES, NATURAL FLAVOR, CARAMEL COLOR, MAPLE SYRUP.

VITAMINS AND MINERALS: NIACINAMIDE (VITAMIN B3), VITAMIN A PALMITATE, REDUCED IRON, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), RIBOFLAVIN (VITAMIN B2), THIAMIN MONONITRATE (VITAMIN B1), FOLIC ACID.



Product	Pack/Size	Case UPC	GTIN
Hearty Traditions Instant Oatmeal - Maple & Brown Sugar	200/1.51 oz	11850	000-42400-11850-3

Case Weight	Case Cube	Case Dimensions	Ti / Hi	Cases/Pallet
20.63	1.06	19.5 X 9.81 X 9.56	10 / 4	40

Formulation Statement for Documenting Grains in School Meals

Required Beginning SY 2013-2014

(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Hearty Traditions Maple Brown Sugar Instant Oatmeal 11887 12/10 ct Variety Pack
 Code No.: 11850 200/1.51 oz Maple Brown Sugar

Manufacturer: Post Consumer Brands Serving Size 1.51 oz
 (raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non- creditable grains: Yes No X **How many grams:**
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non- creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). *(Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)*

Indicate to which Exhibit A Group (A-I) the Product Belongs: H

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion ¹ A	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) ² B	Creditable Amount A ÷ B
Breakfast Cereals Cooked	43g	28g	1.5
Total Creditable Amount³			1.5

*Creditable grains are whole-grain meal/flour and enriched meal/flour.

¹(Serving size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.

²Standard grams of creditable grains from the corresponding Group in Exhibit A.

³Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 1.51 oz
 Total contribution of product (per portion) 1.5 oz equivalent

I certify that the above information is true and correct and that a 1.51 ounce portion of this product (ready for serving) provides 1.5 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Merrilee Olson
 Signature

Merrilee Olson
 Printed Name

National Sales Manager - K12
 Title

5/1/23 763-245-0853
 Date Phone Number