Product Information



Honey Bunches of Oats with Almonds - Cup

Post Honey Bunches of Oats with Almonds Cup	HBA-101	Toasted Corn & Whole Grain Flakes, Crunchy Oat Clusters, Lightly Sweetened Cereal with 3 Kinds of Flakes & Crunchy Oat Clusters plus sliced almonds. 10g Whole Grain per serving. Made with rec	
Pack & Size	12 / 2.25 oz (2 trays of 6 cups)	honey.	
	T		
Case	80337		
Case GTIN	0 08 84912 00112 2		
Shipping Weight (lbs.)	2.75		
Case Cube (cu. ft.)	0.48		
Case Dimensions LxWxH (inches)	12.63 X 8.63 X 7.63	All Family Favorite	
Pallet: Tier (Cases per layer)	16	Top selling cereal in the Hispanic Market	
Pallet: Hi (Number of Layers)	6		
Cases per pallet	96		
Allergens Present	Wheat & Almonds		
County of Origin	USA		



Honey Bunches of Oats WITH ALMONDS

Nutrition Facts

Serving size 1 container (64g)

Amount/Serving	%DV
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 220mg	9%

	Amount/Serving	%DV
	Total Carbohydrate 53g	19%
	Dietary Fiber 3g	11%
•	Total Sugars 12g	
	Incl. 11g Added Sugars	23%
	Protein 5g	

Calories 260 per serving

Vitamin D 0% • Calcium 0% • Iron 50% • Potassium 2% • Thiamin 100% Niacin 20% • Vitamin B6 20% • Folate 60mcg DFE (35mcg folic acid) 15% Pantothenic Acid 20% • Zinc 25%

INGREDIENTS: DEGERMED YELLOW CORN, WHOLE GRAIN WHEAT, SUGAR, WHOLE GRAIN ROLLED OATS, ALMONDS, RICE, CANOLA AND/OR SOYBEAN OIL, CORN SYRUP, SALT, MOLASSES, BARLEY MALT EXTRACT, CINNAMON, HONEY, CARAMEL COLOR, NATURAL FLAVOR. VITAMINS AND MINERALS: FERRIC ORTHOPHOSPHATE (SOURCE OF IRON), NIACINAMIDE (VITAMIN B3), ZINC OXIDE, THIAMIN MONONITRATE (VITAMIN B1), CALCIUM PANTOTHENATE (VITAMIN B5), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), FOLIC ACID. CONTAINS WHEAT AND ALMONDS.

,	
oz equivalent grain	2 oz
% Whole Grain	
< 6.99g non-creditable grains per 1 oz	yes
≤ 150 calories	
≤ 35% calories from fat	$\sqrt{}$
≤ 10% calories from saturated fat	$\sqrt{}$
≤ 35% sugar by weight	$\sqrt{}$
0g trans fat per serving	$\sqrt{}$
Shelf Life (days)	365
Kosher Symbol	(U)
Calories per serving	260
Total Fat	3.5g
Sodium	220mg
Total Carbs	53g
Dietary Fiber	3g
Sugar	12g
Protein	5g

Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

Product Name:	Post Honey Bunches	of Oats with Almonds Cup	Code No: 80337 Serving Size: 2.25 oz					
Manufacturer:	Post Consumer Brand	S						
. Does the product meet the Whole Grain-Rich Criteria: Yes (Refer to SP 30-2012 Grain Requirements for National School Lunch Program and School Breakfast Program.)								
(Products with	duct contain non-credi h more an .24oz equivo urain requirements for so	alent or 3.99 grams for Groups	How many grams: s A-G and 6.99 grams for Grou	6.89 up H of non-creditable grains may not credit				
Exhibit A to d (Please be an Group A-G u	letermine if the product ware that different met	t fits into Groups A-G (baked standard for the delay to continuous areas and the delay to the de	goods), Group H (cereal grain alculate servings of grain com	m and School Breakfast Program: ns) or Group I (RTE breakfast cereals). nponent based on creditable grains. rd of 28 grams creditable grain ongs:				
•	tion of Product d Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equvalent as listed in SP 30-2012 B	Creditable Amount A ÷ B				
RT	TE Cereal	2.25	1	2				
Total Creditable	Amount ¹			2				
Total Creditable	e Amount must be rour	nded down to the nearest qu	arter (0.25) oz eq. Do not rou	ınd up.				
	Total weight (per portio	on) of product as purchased:	2.25 oz					
Total contribution of product (per portion)		2	oz equivalent					
equivalent Grain equivalent or 3.5 for school meals	ns. I further certifiy tha 99 grams for Groups A-	t non-creditable grains are no G or 6.99 grams for Group H o	ot above 0.24 oz eq. per porti	on. Product (ready for serving) provides <u>2</u> oz on. Products with more than 0.24 oz not credit towards the grain requirements ions for Whole Grain Rich				
Signature & Date Merrilee Olson Printed Name National Sales A Title				Post				
743-245-0853								

Phone #