Product Information



OODSERVICE

Frosted Shredded Wheat Blueberry - small bowl pack

Post Frosted Shredded Wheat Blueberry Bowl Pack	FWY 100 BP	and freeze dried granulated blue	iscuits with natural blueberry flavor eberries. Only 5g sugar per 1 oz eq ns and minerals. No artificial flavors	
Pack & Size	96 / 1 oz	or certified sy	nthetic colors.	
		Top Seller - Meets K12 1 oz Equivalent Grain		
Case	27154	All Family Favorite	\sim	
Case GTIN	1 08 84912 27154 6	Only 5g Sugar - CACFP Qualified	721	
Shipping Weight (lbs.)	8.67	Whole Grain Wheat 1st Ingredient	رہے	
Case Cube (cu. ft.)	1.79	22g whole grain per 28g serving.	HDPE	
Case Dimensions LxWxH (inches)	16.56 x 13 x 14.38	Smart Snack Qualified	no Province	
Pallet: Tier (Cases per layer)	9			
Pallet: Hi (Number of Layers)	3	1 bowl = 1 oz equivalent grain		
Cases per pallet	27	No Artificial Flavors		
		No Certified Synthetic Colors		
Meets USDA Whole Grain Criteria	yes: 1st Ingredient = Whole Grain Wheat	No BHT No High Fructose		
Allergens Present	Wheat	No Nuts		
Country of Origin	USA			
Actual	Bowl Pack Lid pictured below	/		



oz equivalent grain	1 oz
% Whole Grain	100%
< 6.99g non-creditable grains per 1 oz	√
≤ 150 calories	V
≤ 35% calories from fat	√
≤ 10% calories from saturated fat	√
≤ 35% sugar by weight	√
0g trans fat per serving	√
Smart Snack Qualified	\checkmark
Shelf Life (days)	365
Kosher Symbol	none
Calories per serving	100
Total Fat	0.5g
Sodium	0g
Total Carbs	23g
Dietary Fiber	3g
Sugar	5g
Protein	3g

Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

I. Does the product meet the Whole Grain-Rich Criteria: Yes	
Manufacturer: Post Consumer Brands Serving Size: 1 oz	

(Products with more an .24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit toward the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).

(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Group A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group (A-I) the Product Belongs:

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equvalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	1	1	1
Total Creditable Amount ¹			1

¹Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased:	1 oz	_
Total contribution of product (per portion)	1	oz equivalent

I further certifiy that the above information is true and correct and the a <u>1</u> ounce portion of this product (ready for serving) provides <u>1</u> oz equivalent Grains. I further certifiy that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Levilee Okon, 1/15/2022

Signature & Date

Merrilee Olson

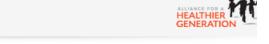
Printed Name

National Sales Manager - K12 Title

763-245-0853 Phone #



SMART SNACKS
PRODUCT CALCULATOR



Smart Sr Product	nacks Calculator Results
Brand: Post	
Product Nar Frosted Sh Bowl Pack	redded Wheat Blueberry
Serving Size	9 :
First Ingredi Whole Gra	
	rain product meets all nutrient rentrees or snack foods.
for entrees.	
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Nutrition Facts Serving Size 1 oz (about 28.35 g) (1) Servings Per Container	
Amount Per Serving	
Calories 100	Calories from Fat NA
Total Fat (g) 0.5	
Saturated Fat (g) 0	
Trans Fat (g) 0	
Sodium (mg) 0	
Carbohydrates	
Sugars (g) 5	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA