

Post Consumer Brands

HWF-101 HOT (CIRCLE U)

Regulatory NFP Released: 09/12/19
Graphics NFP Released: 09/12/19

Nutrition Facts have been developed to comply with current Federal regulations.



Nutrition Facts Datos de nutrición

About X servings per container
Aproximadamente XX porciones por paquete
Serving size 3 Tbsp dry (35g)
Tamaño por porción 3 cdas. secas (35 g)

Amount per serving / Cantidad por porción

Calories/Calorías 130

% Daily Value/ % de valor diario

Total Fat / Grasas totales 0g 0%

Sodium / Sodio 0mg 0%

Total Carb. / Carb. totales 27g 10%

Dietary Fiber / Fibra Dietética <1g 2%

Protein / Proteínas 4g

Calcium / Calcio 100mg 8%

Iron / Hierro 10.8mg 60%

Thiamin / Tiamina 10%

Riboflavin / Riboflavina 8%

Niacin / Niacina 6%

Folate / Folato 80mcg DFE 20%

(50mcg folic acid/ ácido fólico)

Phosphorus / Fósforo 4%

Not a significant source of saturated fat, trans fat, cholesterol, total sugars, added sugars, Vitamin D and Potassium.

No constituye una fuente significativa de grasas saturadas, grasas trans, colesterol, azúcares totales, azúcares agregados, vitamina D y potasio.

INGREDIENTS: WHEAT FARINA, CALCIUM CARBONATE, FERRIC ORTHOPHOSPHATE (SOURCE OF IRON), FOLIC ACID, NIACINAMIDE (VITAMIN B3), THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2).

CONTAINS WHEAT.

INGREDIENTES: HARINA DE TRIGO, CARBONATO DE CALCIO, ORTOFOSFATO FERRICO (HIERRO), ÁCIDO FÓLICO, NIACINAMIDA (VITAMINA B3), MONONITRATO DE TIAMINA (VITAMINA B1), RIBOFLAVINA (VITAMINA B2).

CONTIENE TRIGO.

PLEASE NOTE:

NFP is BILINGUAL, only bilingual NFPs are used on Farina packaging as of 2019.

Product	Pack/Size	Case UPC	GTIN
Malt-O-Meal Farina	12/28 oz	13732	100-42400-13732-7

Case Weight	Case Cube	Case Dimensions	Ti / Hi	Cases/Pallet
22.99	0.59	11.12 X 11 X 8.31	12 / 4	48

Merrilee Olson

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6/30/22

National Sales Manager - K12