

# Nutrition Facts

About X servings per container

**Serving size** 1 cup (38g)

Amount per serving  
**Calories** 150

% Daily Value\*

**Total Fat** 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 85mg 4%

**Total Carbohydrate** 34g 12%

Dietary Fiber 0g 0%

Total Sugars 21g

Includes 21g Added Sugars 42%

**Protein** 2g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0.5mg 2%

Potassium 70mg 2%

Thiamin 60%

Niacin 6%

Folate 30mcg DFE 8%

(20mcg folic acid)

Pantothenic Acid 10%

Phosphorus 6%

Magnesium 4%

Zinc 4%

Copper 8%

\* The % Daily Value (DV) tells you how much a nutrient

in a serving of food contributes to a daily diet. 2,000

calories a day is used for general nutrition advice.

**Ingredients:** Sugar, Wheat, Corn Syrup, Salt, Honey, Caramel Color.

**Vitamins and Minerals:** Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (a B-Vitamin), Folic Acid.

**Contains Wheat.**

# Post Consumer Brands Sugar Coated Wheat SCW-100 RTE (Circle U)

Regulatory NFP Released: 04/27/17  
Graphics NFP Released: 05/18/17

Nutrition Facts have been developed to comply with current Federal regulations.

Product	Pack/Size	Case UPC	GTIN
Golden Puffs	6/34.5 oz	29396	100-42400-29396-2

Case Weight	Case Cube	Case Dimensions	Ti / Hi	Cases/Pallet
14.92	2.26	18.75 X 16 X 13	6 / 4	24



**Post**

FOODSERVICE

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