

Nutrition Facts

About X servings per container
Serving size 1 cup (36g)

Amount per serving
Calories 140

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 32g	12%
Dietary Fiber 0g	0%
Total Sugars 15g	
Incl. 15g Added Sugars	29%

Protein 1g	
Vitamin D 1.2mcg	6%
Calcium 0mg	0%
Iron 0.7mg	4%
Potassium 20mg	0%
Vitamin A	30%
Thiamin	30%
Riboflavin	40%
Niacin	40%
Vitamin B ₆	35%
Folate 200mcg DFE (120mcg folic acid)	50%
Vitamin B ₁₂	90%
Phosphorus	0%
Zinc	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Rice, Sugar, Corn Syrup, Canola and/or Soybean Oil, Salt, Contains 1% or less of: Natural and Artificial Flavor, Yellow 5, Yellow 6, Red 40, Blue 1, BHT added to preserve freshness.

Vitamins and Minerals: Niacinamide (Vitamin B3), Vitamin A Palmitate, Reduced Iron, Zinc Oxide, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Thiamin Mononitrate (Vitamin B1), Vitamin D3, Folic Acid, Vitamin B12.

Post Consumer Brands
FFR-101 RTE
(Circle U)
Regulatory NFP Released: 08/14/20
Graphics NFP Released: 08/14/20

Product	Pack/Size	Case UPC	GTIN
Fruity Dyno-Bites	4/46 oz	09828	100-42400-09828-4

Case Weight	Case Cube	Case Dimensions	Ti / Hi	Cases/Pallet
13.18	1.74	20 X 16 X 9.38	6 / 5	30



Merrilee Olson

National Sales Manager K12

6/30/22