

# Nutrition Facts

About X servings per container  
**Serving size 1 cup (42g)**

Amount per serving  
**Calories 180**

	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 0.5g	<b>3%</b>
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 3.5g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 32g	<b>12%</b>
Dietary Fiber 2g	<b>9%</b>
Total Sugars 14g	
Incl. 13g Added Sugars	<b>27%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 160mg	<b>10%</b>
Iron 6.3mg	<b>35%</b>
Potassium 50mg	<b>0%</b>
Thiamin	<b>60%</b>
Niacin	<b>15%</b>
Vitamin B <sub>6</sub>	<b>15%</b>
Folate 40mcg DFE (25mcg folic acid)	<b>10%</b>
Pantothenic Acid	<b>15%</b>
Phosphorus	<b>6%</b>
Zinc	<b>15%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Whole Grain Wheat, Sugar, Rice Flour, Canola and/or Soybean Oil, Maltodextrin, Fructose, Cinnamon, Salt, Calcium Carbonate, Dextrose, Soy Lecithin, Trisodium Phosphate, Caramel Color, TBHQ and BHT added to preserve freshness.

**Vitamins and Minerals:** Ferric Orthophosphate (source of iron), Niacinamide (Vitamin B3), Zinc Oxide, Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid.

**CONTAINS WHEAT AND SOY.**

## Post Consumer Brands

**CIN-103 RTE**  
 (Not Kosher)

**NFP Released: 05/11/22**



Product	Pack/Size	Case UPC	GTIN
Cinnamon Toasters	6/32 oz	9831	000-42400-09831-7

Case Weight	Case Cube	Case Dimensions	Ti / Hi	Cases/Pallet
13.76	1.74	20 x 16 x 9.38	6 / 5	30

# Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

**Product Name:** Malt-O-Meal Cinnamon Toasters Bulk (6/32 oz)  
**Manufacturer:** Post Consumer Brands

**Code No:** 09831  
**Serving Size:** 1 oz

- I. Does the product meet the Whole Grain-Rich Criteria: Yes**  
 (Refer to SP 30-2012 Grain Requirements for National School Lunch Program and School Breakfast Program.)
- II. Does the product contain non-creditable grains: Yes**      **How many grams:** 5  
 (Products with more an .24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit toward the grain requirements for school meals.)
- III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).**  
 (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Group A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group (A-I) the Product Belongs: I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	1	1	1
<b>Total Creditable Amount<sup>1</sup></b>			<b>1</b>

<sup>1</sup>Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

**Total weight (per portion) of product as purchased:** 1 oz  
**Total contribution of product (per portion)** 1 **oz equivalent**

I further certify that the above information is true and correct and the a 1 ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Merrilee Olson      6/30/22  
**Signature & Date**

Merrilee Olson  
**Printed Name**

National Sales Manager - K12  
**Title**

763-245-0853  
**Phone #**

