

# Product Information



FOODSERVICE

## Fruity Pebbles - Cup

<b>Post Fruity Pebbles Cup</b>	<b>FP-103</b>	A Sweetened Crispy Rice Cereal with intense fruity flavor. Fruity Pebbles cereal, with its delicious taste has been a family favorite for over 40 years! Gluten-free!
<b>Pack &amp; Size</b>	12 / 2 oz	
<b>Case 34333</b>		<b>All Family Favorite</b>  <b>10g Sugar (per 1 oz serving)</b>  <b>Vitamin Fortified</b>  <b>GLUTEN FREE</b>
<b>Case GTIN</b>	0 08 84912 34333 8	
<b>Shipping Weight (lbs.)</b>	2.72	
<b>Case Cube (cu. ft.)</b>	0.49	
<b>Case Dimensions LxWxH (inches)</b>	12.69 X 8.69 X 7.75	
<b>Pallet: Tier (Cases per layer)</b>	16	
<b>Pallet: Hi (Number of Layers)</b>	6	
<b>Cases per pallet</b>	96	
<b>Allergens Present</b>		
<b>County of Origin</b>	USA	



## Fruity Pebbles

### Nutrition Facts

**Serving size**  
**1 container (56g)**

**Calories** **220**  
per serving

Amount/Serving	%DV	Amount/Serving	%DV
<b>Total Fat</b> 2.5g	<b>3%</b>	<b>Total Carbohydrate</b> 48g	<b>18%</b>
Saturated Fat 0g	<b>0%</b>	Dietary Fiber 0g	<b>0%</b>
Trans Fat 0g		Total Sugars 19g	
<b>Cholesterol</b> 0mg	<b>0%</b>	Incl. 19g Added Sugars	<b>39%</b>
<b>Sodium</b> 300mg	<b>13%</b>	<b>Protein</b> 2g	
Vitamin D 20% • Calcium 0% • Iron 8% • Potassium 0% • Vitamin A 80% Vitamin C 25% • Thiamin 60% • Riboflavin 60% • Niacin 60% • Vitamin B6 40% Folate 400mcg DFE (240mcg folic acid) 100% • Vitamin B12 100% • Zinc 25%			

**INGREDIENTS:** RICE, SUGAR, CANOLA AND/OR SOYBEAN OIL, SALT, CONTAINS 1% OR LESS OF: NATURAL AND ARTIFICIAL FLAVOR, RED 40, YELLOW 6, YELLOW 5, BLUE 1, TURMERIC OLEORESIN (COLOR). BHT AND BHA ADDED TO PRESERVE FRESHNESS. **VITAMINS AND MINERALS:** SODIUM ASCORBATE AND ASCORBIC ACID (VITAMIN C), NIACINAMIDE (VITAMIN B3), REDUCED IRON, ZINC OXIDE, VITAMIN A PALMITATE, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID, VITAMIN D3, VITAMIN B12.

oz equivalent grain	2 oz
% Whole Grain	
< 6.99g non-creditable grains per 1 oz	no
≤ 150 calories	
≤ 35% calories from fat	✓
≤ 10% calories from saturated fat	✓
≤ 35% sugar by weight	✓
0g trans fat per serving	✓
<b>Shelf Life (days)</b>	365
<b>Kosher Symbol</b>	U
<b>Calories per serving</b>	220
<b>Total Fat</b>	2.5g
<b>Sodium</b>	300mg
<b>Total Carbs</b>	48g
<b>Dietary Fiber</b>	0g
<b>Sugar</b>	19g
<b>Protein</b>	2g

## Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

**Product Name:** Post Fruity Pebbles Cup

**Code No:** 34333

**Manufacturer:** Post Consumer Brands

**Serving Size:** 2 oz

**I. Does the product meet the Whole Grain-Rich Criteria: Yes**

(Refer to SP 30-2012 Grain Requirements for National School Lunch Program and School Breakfast Program.)

**II. Does the product contain non-creditable grains: No**

**How many grams:** \_\_\_\_\_

(Products with more an .24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit toward the grain requirements for school meals.)

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program:**

**Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).**

(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Group A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group (A-I) the Product Belongs:

I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	2	1	2
<b>Total Creditable Amount<sup>1</sup></b>			<b>2</b>

<sup>1</sup>Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

**Total weight (per portion) of product as purchased:** 2 oz

**Total contribution of product (per portion)** 2 oz equivalent

I further certify that the above information is true and correct and the a 2 ounce portion of this product (ready for serving) provides 2 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq, per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Merrilee Olson 6/30/2022

Does not meet USDA Regulations for Whole Grain Rich

**Signature & Date**

Merrilee Olson

**Printed Name**

National Sales Manager - K12

**Title**

763-245-0853

**Phone #**

