Post Consumer Brands

HWF-101 HOT
(CIRCLE U)

Regulatory NFP Released: 09/12/19
Graphics NFP Released: 09/12/19

Nutrition Facts have been developed to comply with current Federal regulations.

Nutrition Facts
Datos de nutrición

About X servings per container
Aproximadamente XX porciones por paquete
Serving size 3 Tbsp dry (35g)
Tamaño por porción 3 cdas. secas (35 g)

Amount per serving / Cantidad por porción

Calories/Calorías 130

	% Daily Value/ % de valor diario
Total Fat / Grasas totales 0g	**0%**
Sodium / Sodio 0mg	**0%**
Total Carb. / Carb. totales 27g	**10%**
Dietary Fiber / Fibra Dietética <1g	**2%**
Protein / Proteínas 4g	
Calcium / Calcio 100mg	8%
Iron / Hierro 10.8mg	60%
Thiamin / Tiamina	10%
Riboflavin / Riboflavina	8%
Niacin / Niacina	6%
Folate / Folato 80mcg DFE (50mcg folic acid/ acido fólico)	20%
Phosphorus / Fósforo	4%

Not a significant source of saturated fat, trans fat, cholesterol, total sugars, added sugars, Vitamin D and Potassium.

No constituye una fuente significativa de grasas saturadas, grasas trans, colesterol, azúcares totales, azúcares agregados, vitamina D y potasio.

INGREDIENTS: WHEAT FARINA, CALCIUM CARBONATE, FERRIC ORTHO-PHOSPHATE (SOURCE OF IRON), FOLIC ACID, NIACINAMIDE (VITAMIN B3), THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2).
CONTAINS WHEAT.
INGREDIENTES: HARINA DE TRIGO, CARBONATO DE CALCIO, ORTOFOSFATO FÉRRICO (HIERRO), ÁCIDO FÓLICO, NIACINAMIDA (VITAMINA B3), MONONITRATO DE TIAMINA (VITAMINA B1), RIBOFLAVINA (VITAMINA B2).
CONTIENE TRIGO.

PLEASE NOTE:
NFP is BILINGUAL, only bilingual NFPs are used on Farina packaging as of 2019.

Product	Pack/Size	Case UPC	GTIN
Malt-O-Meal Farina	12/28 oz	13732	100-42400-13732-7

Case Weight	Case Cube	Case Dimensions	Ti / Hi	Cases/ Pallet
22.99	0.59	11.12 X 11 X 8.31	12 / 4	48

Merrilee Olson

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6/4/20
National Sales Manager - K12