# Post

FOODSERVICE

# FULL LINE PRODUCT GUIDE

Post

HONEY COMB

HONEY BUNCHES OF OATS

Malt-O-Meal

PEBBLES

Alpha-Bits

BETTER OATS

MOM'S BEST cereals
How the best days begin

HEARTY TRADITIONS

Post
FOODSERVICE

# FULL LINE PRODUCT GUIDE

## SMALL BOWL PACKS

| | FINISHED GOODS NUMBER | PACK SIZE | ≤6g SUGAR per 1 oz. grain eq. |
|---|---|---|---|
| NEW! Frosted Shredded Wheat K12 | 27177 | 96/1 oz | ★ |
| NEW! Frosted Shredded Wheat Blueberry K12 | 27154 | 96/1 oz | ★ |
| NEW! Frosted Shredded Wheat Strawberry K12 | 27150 | 96/1 oz | ★ |
| NEW! Alpha Bits K12 | 27176 | 96/1 oz | ★ |
| Marshmallow Mateys K12 SPECIAL EDITION | 27596 | 96/1 oz | ★ |
| Scooters K12 | 27164 | 96/1 oz | ★ |
| Honey Scooters K12 SPECIAL EDITION | 27597 | 96/1 oz | ★ |
| Bran Flakes K12 | 21828 | 96/1 oz | ★ |
| Cinnamon Toasters K12 | 03915 | 96/1 oz | |
| Raisin Bran K12 | 00715 | 96/1.25 oz | |
| Honey Graham Toasters K12 | 04515 | 96/1 oz | |
| Mateys K12 | 08665 | 96/1 oz | |
| Apple Zings | 03815 | 96/.75 oz | |
| Berry Colossal Crunch | 02415 | 96/1 oz | |
| Coco-Roos | 01515 | 96/.88 oz | |
| Corn Flakes | 00615 | 96/.75 oz | ★ |
| Crispy Rice GF | 00542 | 96/.63 oz | ★ |
| Frosted Flakes | 01015 | 96/1 oz | |
| Oat Blenders with Honey | 07582 | 96/1 oz | |
| Tootie Fruities | 01315 | 96/.75 oz | |

## LARGE BOWL PACKS

| | FINISHED GOODS NUMBER | PACK SIZE | ≤6g SUGAR per 1 oz. grain eq. |
|---|---|---|---|
| NEW! Frosted Shredded Wheat K12 | 27149 | 48/2 oz | ★ |
| NEW! Frosted Shredded Wheat Blueberry K12 | 27163 | 48/2 oz | ★ |
| NEW! Frosted Shredded Wheat Strawberry K12 | 27162 | 48/2 oz | ★ |
| Marshmallow Mateys K12 | 05940 | 48/2 oz | |
| Honey Scooters K12 | 08676 | 48/2 oz | |
| Raisin Bran K12 | 06854 | 48/2 oz | |
| Honey Graham Toasters | 03759 | 48/2 oz | |
| Frosted Flakes | 00955 | 48/2 oz | |
| Tootie Fruities | 00954 | 48/1.48 oz | |
| Cinnamon Toasters | 13820 | 48/2 oz | |

## POST CEREAL CUPS

| | | |
|---|---|---|
| Honey Buches of Oats Honey Roasted | 88038 | 12/2.1 oz |
| Honey Buches of Oats Almond | 88037 | 12/2.25 oz |
| Cocoa Pebbles GF | 88035 | 12/2.1 oz |
| Fruity Pebbles GF | 88036 | 12/2 oz |
| Post Variety Cup Pack<br>HBO Honey Roasted \| HBO Strawberry \| Fruity Pebbles \| Cocoa Pebbles<br>Raisin Bran \| Frosted Shredded Wheat | 28571 | 60 count |

## POST BAGS

| | | |
|---|---|---|
| Cocoa Pebbles GF | 88381 | 6/40 oz |
| Fruity Pebbles GF | 88380 | 6/40 oz |

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## MALT-O-MEAL BULK PACK

| | FINISHED GOODS NUMBER | PACK SIZE | ≤6g SUGAR per 1 oz. grain eq. |
|---|---|---|---|
| Apple Zings | 09830 | 4/35 oz | |
| Berry Colossal Crunch | 09825 | 4/44 oz | |
| Blueberry Mini-Spooners K12 | 17265 | 8/36 oz | ★ |
| Bran Flakes K12 | 21865 | 4/45 oz | ★ |
| Cinnamon Granola K12 | 07485 | 4/50 oz | ★ |
| Cinnamon Toasters K12 | 09831 | 6/32 oz | |
| Cocoa Dyno-Bites GF | 09832 | 4/48 oz | |
| Coco-Roos | 09820 | 4/42 oz | |
| Colossal Crunch | 09824 | 4/45 oz | |
| Corn Bursts | 09823 | 4/38 oz | |
| Corn Flakes | 09815 | 4/34 oz | ★ |
| Crispy Rice GF | 90528 | 4/32 oz | ★ |
| Frosted Flakes | 09817 | 4/45 oz | |
| Frosted Mini-Spooners K12 | 09826 | 6/36 oz | ★ |
| Fruity Dyno-Bites GF | 09828 | 4/46 oz | |
| Golden Puffs | 90478 | 6/37 oz | |
| Honey Graham Toasters K12 | 09833 | 6/32 oz | |
| Honey Scooters K12 | 09818 | 4/44 oz | |
| Marshmallow Mateys K12 | 09821 | 4/42 oz | |
| Oat Blenders with Honey | 09812 | 4/46 oz | |
| Raisin Bran K12 | 09816 | 6/36 oz | |
| Strawberry Mini-Spooners K12 | 06237 | 8/36 oz | ★ |
| Toasty O's K12 | 09813 | 4/34 oz | ★ |
| Tootie Fruities | 09819 | 4/35 oz | |

## MOM'S BEST CEREAL BULK PACK

| | FINISHED GOODS NUMBER | PACK SIZE | ≤6g SUGAR per 1 oz. grain eq. |
|---|---|---|---|
| Honey Grahams | 15994 | 6/32 oz | |
| Honey Nut Toasty O's | 15992 | 4/44 oz | |
| Mallow Oats | 15988 | 4/42 oz | |
| Oats & Honey Blend | 15989 | 4/46 oz | |
| Raisin Bran | 15987 | 6/36 oz | |
| Sweetened Wheat-Fuls K12 | 16049 | 6/36 oz | ★ |
| Toasted Cinnamon Squares | 15993 | 6/32 oz | |

## MOM'S BEST CEREAL BOXES

| | | | |
|---|---|---|---|
| Blueberry Wheat-Fuls | 07250 | 12/22 oz | |
| Crispy Coco Rice GF | 06375 | 14/17.5 oz | |
| Honey Grahams | 08285 | 14/17.5 oz | |
| Honey Nut Toasty O's | 04913 | 10/20 oz | |
| Mallow Oats | 06102 | 12/16 oz | |
| Oats & Honey Blend | 06431 | 14/18 oz | |
| Raisin Bran | 04914 | 14/22 oz | |
| Sweetened Wheat-Fuls | 08377 | 12/24 oz | ★ |
| Toasted Cinnamon Squares | 08286 | 14/17.5 oz | |
| Toasted Wheat-Fuls | 06103 | 12/24 oz | |

## MOM'S BEST CEREAL BAGS

| | | | |
|---|---|---|---|
| Crispy Cocoa Rice GF | 21399 | 9/26 oz | |
| Toasted Cinnamon Squares | 21388 | 9/26 oz | |
| Sweetened Wheat-Fuls | 21411 | 8/36 oz | ★ |

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For more information, contact your sales representative or call 800.328.4452

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| | FINISHED GOODS NUMBER | PACK SIZE |
|---|---|---|
| **BETTER OATS INSTANT OATMEAL - PACKETS** | | |
| mmmMuffins - Blueberry | 17029 | 6/10 ct |
| **OAT FIT -** Apples & Cinnamon | 02289 | 6/10 ct |
| **OAT FIT -** Cinnamon Roll | 17847 | 6/10 ct |
| **OAT FIT -** Maple & Brown Sugar | 17898 | 6/10 ct |
| **Oat Revolution -** Maple & Brown Sugar | 11812 | 6/10 ct |
| **Oat Revolution -** Peaches & Cream | 14450 | 6/10 ct |
| **Oat Revolution -** Strawberries & Cream | 17031 | 6/10 ct |
| **Oat Revolution Thick & Hearty -** Apples & Cinnamon | 17848 | 6/10 ct |
| **Oat Revolution Thick & Hearty -** Maple & Brown Sugar | 13993 | 6/10 ct |
| **Oat Revolution Steel Cut -** Maple & Brown Sugar | 01791 | 6/10 ct |
| **Oat Revolution Steel Cut -** Maple & Brown Sugar Protein | 21867 | 6/8 ct |
| **Oat Revolution Steel Cut -** Apples & Cinnamon | 01604 | 6/10 ct |
| **Oat Revolution Steel Cut -** Classic | 01593 | 6/10 ct |
| **Raw Pure & Simple -** Organic - Bare | 20193 | 6/8 ct |
| **BETTEROATS INSTANT OATMEAL - CUPS** | | |
| **Oat Revolution Steel Cut -** Maple & Brown Sugar | 22010 | 6/2 ct |
| **Oat Revolution Steel Cut -** Apples & Cinnamon | 22011 | 6/2 ct |
| **BETTEROATS OATMEAL TUBES** | | |
| Raw Organic Old Fashioned Oats | 21864 | 12/16 oz |
| Raw Organic Quick Oats | 21862 | 12/16 oz |
| Raw Organic Steel Cut Oats | 21863 | 12/30 oz |

| | FINISHED GOODS NUMBER | PACK SIZE | ≤6g SUGAR per 1 oz. grain eq. |
|---|---|---|---|
| **HEARTY TRADITIONS INSTANT OATMEAL - PACKETS** | | | |
| Maple & Brown Sugar K12 | 04830 | 48/1.51 oz | |
| Apples & Cinnamon K12 | 04831 | 48/1.23 oz | |
| Regular Flavor K12 | 04833 | 48/1 oz | ★ |
| Variety Pack K12<br>Regular \| Maple & Brown Sugar \| Apples & Cinnamon \| Raisins & Spice | 14183 | 48/1 ct | |
| Maple & Brown Sugar K12 | 11850 | 200/1.51 oz | |
| Apples & Cinnamon K12 | 11851 | 200/1.23 oz | |
| Regular Flavor K12 | 19506 | 200/1 oz | ★ |
| Variety Pack K12<br>Regular \| Maple & Brown Sugar \| Apples & Cinnamon | 11887 | 12/10 ct | |
| **HEARTY TRADITIONS OATMEAL - TUBES** | | | |
| Quick Oats K12 | 04650 | 12/42 oz | ★ |
| Old Fashioned Oats K12 | 04651 | 12/42 oz | ★ |
| **MOM'S BEST CEREAL OATMEAL - TUBES** | | | |
| Old Fashioned Oats K12 | 21787 | 12/42 oz | ★ |
| Old Fashioned Oats K12 | 21860 | 12/16 oz | ★ |
| Quick Oats K12 | 21786 | 12/42 oz | ★ |
| Quick Oats K12 | 21861 | 12/16 oz | ★ |
| **MALT-O-MEAL CEREAL - HOT WHEAT** | | | |
| Original | 00118 | 12/28 oz | |
| Chocolate | 00136 | 12/28 oz | |
| Maple & Brown Sugar | 00130 | 12/28 oz | |
| Creamy Hot Wheat | 05508 | 12/28 oz | |

GF Gluten Free

K12 Meets K12 Regulations

NEW! New Item

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