

Pebbles™

Cinnamon Pebbles™

CIP-1.0 RTE

Product formulations may change. For current nutrition facts and ingredient line information check product packaging.

Nutrition Facts

Serving Size: 3/4 Cup (30g)

Servings Per Package: TBD

Amount Per Serving	Cereal With	
	Cereal	1/2 Cup Fat Free Milk
Calories	120	160
Calories from Fat	10	10

% Daily Value**		
Total Fat 1g*	2%	2%
Saturated Fat 1g	5%	5%
Trans Fat 0g		
Cholesterol 0mg	0%	0%
Sodium 180mg	8%	10%
Potassium 20mg	1%	6%
Total Carbohydrate 26g	9%	11%
Dietary Fiber 0g	0%	0%
Sugars 10g		

Protein 1g		
Vitamin A	15%	20%
Vitamin C	0%	0%
Calcium	0%	15%
Iron	10%	10%
Vitamin D	20%	35%
Thiamin	25%	30%
Riboflavin	25%	35%
Niacin	25%	25%
Vitamin B6	25%	25%
Folate (Folic Acid)	25%	25%
Vitamin B12	25%	35%
Zinc	10%	15%

* Amount in cereal. One-half cup fat free milk contributes an additional 40 calories, 65mg sodium, 200mg potassium, 6g total carbohydrate (6g sugars) and 4g protein.

** Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: RICE, SUGAR, HYDROGENATED VEGETABLE OIL (COCONUT AND PALM KERNEL OILS), SALT, CINNAMON, CARAMEL COLOR.

VITAMINS & MINERALS: NIACINAMIDE, REDUCED IRON, ZINC OXIDE (SOURCE OF ZINC), VITAMIN B6, RIBOFLAVIN (VITAMIN B2), VITAMIN A PALMITATE, THIAMIN MONONITRATE (VITAMIN B1), FOLIC ACID, VITAMIN D3, VITAMIN B12.